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### 911 Medical ID of Hampton Roads

*Medical Information Services*  
Mrs. Cassandra Lee, President  
1748 Emerald Sea Dr.  
Chesapeake, VA 23323  
(757) 558-8862  
www.911medicalidofhamptonroads.com

## A

### Aaron Mountain, Inc.

*Writing & Editorial Services*  
Mr. Eric Brass, Owner  
2416 Indian Hill Rd.  
Va. Beach, VA 23455  
(757) 460-2071 Fax: (757) 546-8184  
www.resumeprose.com

### AArrow Advertising Virginia Beach

*Advertising*  
Danny Hewitt, Owner  
5213 Settlers Park Dr.  
Va. Beach, VA 23464  
(757) 277-1764  
aarrowads.com/vb

### ABC Digital Secure, LLP

Mr. Larry Amaker, CFE, President  
2212 Colonial Acres Ct.  
Va. Beach, VA 23456  
(252) 264-4311 Fax: (252) 264-0302  
www.abcdigitalsecure.com

### ABC Termite & Pest Control, Inc

*Termite & Pest Control*  
Mr. Don Lenegar, President  
PO Box 8786  
Va. Beach, VA 23450  
(757) 422-0409 Fax: (757) 422-2124  
www.abctpc.com

### Able Computer Services, Inc.

*Computers-Service & Repair*  
Mr. Paul Phelps, Vice President  
Mr. Ernie Stallcop  
2300 Locks Landing  
Chesapeake, VA 23323  
(757) 635-5883 Fax: (757) 966-1380  
www.geeksoncall.com

### Accounting Results, LLC

*Accountants*  
Mrs. Katherine Chester, Owner  
529 Woodglen Dr.  
Chesapeake, VA 23322  
(757) 289-1500 Fax: (866) 211-0841

### The Addison Group

*Advertising Agencies*  
Mr. Tom Powell, Owner  
326 E Washington St.  
Suffolk, VA 23434  
(757) 539-1669 Fax: (757) 539-0622  
www.theaddisongroup.com

### Adoptions From the Heart

*Organizations*  
Mrs. Penny Barg, Virginia District Supervisor  
1407 Stephanie Wy. #H  
Chesapeake, VA 23320  
(757) 361-0008 Fax: (757) 361-9222  
www.afth.org

### Advance CFO

*Consultants-Business*  
Ms. Andrea C. Jentzen, Owner/President  
5910 Upper Brandon Pl.  
Norfolk, VA 23508  
(901) 229-2294  
www.advancecfo.com

### Advanced Data - The Share Point People

*Software Development*  
Mr. Michael Giardina, Vice President  
Business Development  
629 Wesley Dr.  
Va. Beach, VA 23452  
(757) 575-8429  
www.thesharepointpeople.com

### AdzZoo

*Internet Marketing*  
Mr. Dimitrios Loucas, Campaign Director  
(847) 525-7770  
100 Sabal Palm Ln. #104  
Chesapeake, VA 23320  
(757) 454-2861  
dloucas.adzoo.biz

### Affordable Concierge, LLC

*Personal Assistants*  
Ms. Kathryn Arandela, Owner  
418 Oak Gate Dr.  
Chesapeake, VA 23320  
(757) 642-4969  
www.affordable-concierge.com

### Buffy Drake - AFLAC

*Insurance*  
Ms. Buffy Drake, AFLAC Independent Agent  
2806 Wiigwaas Ln.  
Va. Beach, VA 23451  
(757) 332-1134 Fax: (757) 351-6773

### All That Jewelry L.L.C.

*Retailers*  
Ms. Caryn Galderisi, Owner  
2585 Piney Bark Dr.  
Va. Beach, VA 23456  
(757) 615-4778  
www.allthatjewelry.net

### Allegra Marketing Print & Mail

*Marketing*  
Mr. Curtis Hoessly, President  
Ms. Robin Hoessly, VP  
1429 Air Rail Ave.  
Va. Beach, VA 23455  
(757) 489-7290 Fax: (757) 498-7454  
www.allegrahamptonroads.com

### Alliance Group Ltd.

*Public Relations*  
Mr. Rob Jones, President & CEO  
Ms. Meg C. Willett, Project Manager  
9 S 12th St. #300  
Richmond, VA 23219  
(804) 648-6299 Fax: (804) 643-4490  
www.AllianceGroupLTD.com

### Ally Apparel, LLC

*Uniforms*  
Ms. Marchele Bachini, Managing Member  
11815 Fountain Way #300  
Newport News, VA 23606  
(757) 926-5235 Fax: (757) 962-5204  
www.allyapparel.com

### American General

*Insurance*  
Jamie Lawhorne, Associate General Manager  
1115 Independence Blvd. #114  
Va. Beach, VA 23455  
(757) 460-2625 Fax: (757) 460-5868  
www.agla.com

### American General Financial Services

*Finance Companies*  
Ms. Christie Hall, District Manager  
Ms. Misty Cobb, Branch manager  
1406 Battlefield Blvd. N  
Chesapeake, VA 23320  
(757) 548-8972 Fax: (757) 549-0550  
Mrs. Pauline Ralph, Branch Manager  
4300 Portsmouth Blvd. #178  
Chesapeake, VA 23321  
(757) 465-2187 Fax: (757) 465-6270  
www.agfinance.com

### Americare Plus

*Health Care Services*  
Ms. Michelle A. Jones, Agency Manager  
2200 Colonial Ave  
Norfolk, VA 23517  
(757) 627-1921 Fax: (757) 627-9466  
<http://www.americanretirementhomes.org/AmeriCarePlus.htm>

### AMPOR Electric Corp.

*Electrical Contractors*  
Mr. Rob Wills, President  
Ms. Michelle Woodworth, VP  
1024 Executive Blvd.  
Chesapeake, VA 23320-3648  
(757) 547-4444 Fax: (757) 436-7721  
www.ampmor.com

**Angel Care Private Duty  
Nursing Services**

*Personal Services*  
Ms. Joyce Elliott, L.P.N.  
7421 Central Park Dr. #106  
Norfolk, VA 23513  
(757) 480-2929  
[www.angelcare-llc.com](http://www.angelcare-llc.com)

**Anthony and Sylvan Pools**

*Pool, Spa, Hot Tubs-Dealers*  
Mr. Tom Bowers, Design Consultant  
3121 Holland Rd. #101  
Va. Beach, VA 23453  
(757) 969-0609 Fax: (757) 368-2823  
[www.anthonysylvan.com](http://www.anthonysylvan.com)

**The Art Institute of Virginia  
Beach**

*Colleges & Universities*  
Ms. Marilyn Burstein, PRESIDENT  
Ms. Jonelle Tate, Sr. Director of  
Admissions  
Ms. Sharon Younger, Dean of Academic  
Affairs  
4500 Main St. #100  
Va. Beach, VA 23462  
(757) 493-6720 Fax: (757) 493-6800

**B**

**Bankcard Empire**

*Credit Card Processing*  
Mr. Joe Young  
5422 Bayberry Dr.  
Norfolk, VA 23502  
(757) 461-2373  
[www.bankcardempire.com](http://www.bankcardempire.com)

**Bay Creek Resort & Club**

*Golf Courses*  
Mr. Mark Wesolek, General Manager  
Joe Burbee, Director of Golf  
1 Clubhouse Way  
Cape Charles, VA 23310  
(757) 331-8628 Fax: (757) 331-8639  
[www.baycreekresort.com](http://www.baycreekresort.com)

**Bay Technologies, Inc.**

*Internet Services*  
Mr. George Shoemaker, President  
Mr. Clay Forsberg  
PO Box 868  
Norfolk, VA 23501  
(888) 400-3979 Fax: (888) 400-1066  
[www.baytechs.net](http://www.baytechs.net)

**Bayside Kennels**

*Pet Supplies & Services*  
Mrs. Jessica Molina, Manager  
5201 Va. Beach Blvd.  
Va. Beach, VA 23462  
(757) 499-7697 Fax: (757) 499-0669  
[www.baysidekennels.com](http://www.baysidekennels.com)

**The Bead Goes On**

*Craft-Beads*  
Ms. Sally Roesler, President  
2700 Avenger Dr. #111  
Va. Beach, VA 23452  
(757) 463-5559 Fax: (757) 463-5556

**Bekins A-1 Movers, Inc.**

*Moving & Storage*  
Mr. Bob Broderick  
5827 Curlew Dr. #5  
Norfolk, VA 23502-4626  
(757) 466-9351 Fax: (757) 461-8319  
[www.bekinsa1.com](http://www.bekinsa1.com)

**Best Friend K-9 Obedience**

*Dog Training*  
Mr. Jim Ottoson  
5137 Thatcher Wy.  
Va. Beach, VA 23456  
(757) 336-8088  
[www.bestfriendk-9.com](http://www.bestfriendk-9.com)

**BFPE International Fire,  
Safety & Security**

*Fire Protection Systems*  
Mr. Michael Beatty, General Manager  
Dee Caron, Sales Associate  
Mr. Alex Stukes, Sales Associate  
822 Professional Pl. W.  
Chesapeake, VA 23320-3600  
(757) 436-1301 Fax: (757) 436-3176  
[www.bfpe.com](http://www.bfpe.com)

**BigTop Entertainment**

*Event Planning*  
Mr. David Kiedinger, Secretary/Treasurer  
and Chief Creative Officer  
536 Industrial Park Dr.  
Newport News, VA 23608  
(757) 875-0505 Fax: (757) 875-0802  
[www.bigtopentertainment.biz](http://www.bigtopentertainment.biz)

**W. L. Black & Assoc.**

*Environmental Services*  
Mr. W. L. Black, Operations Manager  
718 Fenway Ave., P.O. Box 6989  
Chesapeake, VA 23323-3329  
(757) 487-5245 Fax: (757) 487-7114  
[www.wlblack.com](http://www.wlblack.com)

**Blinds and More**

*Window Treatments*  
Ms. Barbara Thwing, Designer  
2720 Va. Beach Blvd.  
Va. Beach, VA 23452  
(757) 340-4212 Fax: (757) 340-4512  
[www.blindsandmoreva.com](http://www.blindsandmoreva.com)

**The Boeing Company**

*Government*  
Mr. Dewey Mauldin, Director, Business  
Development  
7007 Harbour View Blvd. #110  
Suffolk, VA 23435  
(757) 295-2100 Fax: (757) 295-2114

**Boleman Law Firm, PC**

*Legal Services*  
Mr. Spencer Luedke, Community Outreach  
Coordinator  
4460 Corporation Ln. #170  
Va. Beach, VA 23462  
(757) 313-3000 Fax: (804) 358-8704  
[www.bolemanlaw.com](http://www.bolemanlaw.com)

**Bonaventure Property  
Management Services, LLC**

*Apartments*  
Ms. Janice Gill  
Ms. Erin Higgins  
2133 Amberbrooke Way  
Va. Beach, VA 23464  
(757) 961-5593 Fax: (757) 961-6046  
[www.bonaventure.com](http://www.bonaventure.com)

**Boulevard Screen and Sign**

*Advertising Specialties*  
Ms. Ember R. Hulett, Proprietress  
1724 Va. Beach Blvd. #107  
Va. Beach, VA 23454  
(757) 962-8540 Fax: (866) 899-2757  
[www.blvdcreations.com](http://www.blvdcreations.com)

**Branmall, LLC**

*Property Management*  
Mr. Alfonso Jones, Manager  
P.O. Box 2486  
Chesapeake, VA 23320  
(757) 237-6830

**Breakthru! Consulting**

*Marketing Consultants*  
Mrs. Melissa Boyce, President / CEO  
4060 Manning Rd.  
Suffolk, VA 23437  
(804) 241-3639  
[www.breakthruconsulting.net](http://www.breakthruconsulting.net)

**Brick House Diner**

*Restaurants*  
Mr. Bill Routsis  
580 East Main St.  
Norfolk, VA 23508  
(757) 622-1006

**The Broken Egg**

*Restaurants*  
Mr. Michael Ziegenfuss, Co-Owner  
5680 Harbour View Blvd. #B-9  
Suffolk, VA 23435

**Brute Strength Gym**

*Health & Fitness*  
Ms. Stella Krupinski  
836 Poplar Hall Dr.  
Norfolk, VA 23502  
(757) 893-9111 Fax: (757) 893-9133  
[www.brutestrengthgym.net](http://www.brutestrengthgym.net)

**BSI - Business Solutions International**

*Business Consultants*  
Mr. Hans Faulstich, Senior Consultant  
2827 Majestic Oak Ct.  
Va. Beach, VA 23456  
(714) 606-7446  
bsi-businesssolutions.com

**C**

**Cabler Consulting Group**

*Consultants*  
Kathy Cabler, MPA, CID/D  
Founder/President  
(757) 333-3113  
[www.cablerconsultinggroup.com](http://www.cablerconsultinggroup.com)

**Canteen**

*Vending Machines*  
Mr. Bill Lyons, Regional Sales Manager  
Mr. Piper Dejesus  
Ms. Jennifer Dorman  
Mr. Jeff Thueatt  
914 Cavalier Blvd.  
Chesapeake, VA 23323-1513  
(757) 485-0051 Fax: (757) 485-0695  
www.reservicesllc.com

**Care Advantage Inc.**

*Health Care Services*  
Ms. Kimberly Nunnally, Vice President of Operations  
10041 Midlothian Turnpike  
Richmond, VA 23235  
(757) 436-1711 Fax: (757) 436-1885  
www.careadvantageinc.com

**Carolina Cupcakery LLC**

*Bakeries*  
Dawn Eskins, Owner  
Kyndall Eskins, Events Director  
237 Carmichael Wy. #221  
Chesapeake, VA 23322  
(757) 204-4775 Fax: (757) 275-9614  
www.carolinacupcakery.com

**Carrabba's Italian Grill**

*Restaurants*  
Mr. Tom Hayes, Owner & Proprietor  
Ms. Katie Maroni  
1217 Battlefield Blvd.  
Chesapeake, VA 23320-4737  
(757) 382-0337 Fax: (757) 382-7003  
www.carrabbas.com

**Carrie's Cakes and Catering, Inc.**

*Bakeries*  
Mrs. Carrie Midgette, President  
512 Hornell Ln.  
Va. Beach, VA 23452  
(757) 498-5867 Fax: (757) 498-6507  
www.carriescakesandbakery.com

**Cedar Tree Inn & Suites**

*Hotels/Motels*  
Mr. Ray Patel, Owner  
721 Conference Center Dr.  
Chesapeake, VA 23320-2673  
(757) 366-0100 Fax: (757) 420-8015

**Centerville Insurance Agency, Inc.**

*Insurance*  
Mr. I. Keith Miller, President  
516 Innovation Dri. S #301  
Chesapeake, VA 23320  
(757) 420-0006 Fax: (757) 420-3958  
[www.centervilleinsure.com](http://www.centervilleinsure.com)

**The Chamberlin**

*Apartments*  
Mr. Brad Fleenor, Director of Community Relations  
Fenwick Rd.  
Hampton, VA 23651  
(757) 637-7200 Fax: (757) 637-7212  
www.historicchamberlin.com

**Chesapeake Arboretum**

*Tourist Attractions*  
Ms. Sheila Clendenning, Secretary, Board of Directors  
(757) 635-0931  
P.O. Box 16265  
Chesapeake, VA 23328  
(757) 382-7060 Fax: (757) 382-7060  
www.ChesArbor.org

**Chesapeake Humane Society**

*Organizations*  
Mrs Lacy Kuller, Board Member, Vice President  
123 N. Battlefield Blvd.  
Chesapeake, VA 23320  
(757) 546-5355 Fax: (757) 548-5333  
www.chesapeakehumane.org

**Chesapeake Square Mall**

*Shopping Centers*  
Ms. Amber Caudell, Director of Mall Marketing and Business Development  
4200 Portsmouth Blvd. #1  
Chesapeake, VA 23321-2100  
(757) 488-9639 Fax: (757) 465-5590  
www.simon.com/chesapeake-square

**Chesapeake Waste Solutions, Inc.**

*Waste Management*  
Mr. William H. Bitterman, President  
Mr. Randy Atkins, Technical Sales Representative  
Mr. Jeffrey Witwer, Director Technical Services  
PO Box 1486  
Chesapeake, VA 23327-1486  
(757) 461-6850 Ext:24 Fax: (717) 718-6185  
www.cwsva.com

**Chick-fil-A Harbor View**

*Restaurants*  
Mr. Dan Curran, Owner  
6212 College Dr.  
Suffolk, VA 23435  
(440) 477-7663

**Cobham Composite Products**

*Government Contractors*  
Mr. Gregg Strangeway  
Paul Oppenheim, Vice President, General Manager  
Mr. Charlie Young  
6900 Harbour View Blvd.  
Suffolk, VA 23435  
(757) 392-2100 Fax: (757) 392-2799  
www.sparta.com

**Communique', Inc.**

*Advertising-Direct Mail*  
Ms. Sharon L. Smith, Vice President  
250 Jersey Ave.  
Va. Beach, VA 23462-6615  
(757) 499-3761 Fax: (757) 497-0872

**Community Alternatives, Inc.**

*Human Services Planning, Development & Management*  
Mr. Vincente Gallo, Executive Director  
Ms. Pam Little, Director of Virginia Programs  
863 Glenrock Rd. #200  
Norfolk, VA 23502-3793  
(757) 468-7000 Fax: (757) 468-7007  
www.comalt.org

**CRS Marble & Granite**

*Tile/Ceramic/Quarry/Marble*  
Mr. Dan Wade, General Manager  
3419 Business Center Dr. #B  
Chesapeake, VA 23323  
(757) 966-1426 Fax: (757) 966-9017  
www.crsgranite.com

**Cupcakes & Flip Flops "A Beach Concierge Service"**

*Concierge Services*  
Mrs. Lisa Gross, Owner  
P.O. Box 1251  
Va. Beach, VA 23451  
(757) 777-0472  
www.cupcakesandflipflops.com

**D**

**Dancing Tomato**

*Caterers*  
Ms. Laura Parker, Owner  
205 Business Park Dr. #108  
Va. Beach, VA 23462  
(757) 499-0000 Fax: (757) 499-0001  
dancingtomato2go.com

### **DDL OMNI Engineering LLC**

*Technical Services*  
Mr. Thomas K. Cole, Vice President  
440 Viking Dr. #150  
Va. Beach, VA 23456  
(757) 333-8451 Fax: (757) 306-0621  
[www.ddlomni.com](http://www.ddlomni.com)

### **Direct Invest**

*Property Management*  
Mr. Christopher Todd  
500 E. Main St. #1302  
Norfolk, VA 23502  
(757) 446-8074  
[www.NPVLLC.com](http://www.NPVLLC.com)

### **Diversified Building Services, Inc**

*Cleaning Services*  
Mr. Christopher A. Albright, President  
Ms. Leanion Austin, Account Mgr.  
Mr. Craig Hershel, GM  
Ms. Kimberly Stansfield, Office Mgr.  
431 Granby St.  
Norfolk, VA 23510  
(757) 233-4143 Fax: (757) 233-4078  
[www.dbsva.com](http://www.dbsva.com)

### **Dom Sol, Inc. T/A Cottman Transmision**

*Auto Repairs & Service*  
Jane Forehand, President  
5225 Indian River Rd.  
Va. Beach, VA 23464  
(757) 474-9469

### **Douglas A. Rawlins/ Allstate Financial Services**

*Insurance*  
Mr. Douglas A. Rawlins, Growth Leader  
2640 Willowlawn Wy.  
Va. Beach, VA 23456-8318  
(757) 328-3519 Fax: (866) 640-1221

### **Drescher & Tanyag**

*Consultants-Peer Advisory*  
Mr. Arnel H. Tanyag, Partner  
287 Independence Blvd. Bldg. 2 #318  
Va. Beach, VA 23462-2955  
(757) 754-6918 Fax: (757) 257-0390  
[www.dreschertanyag.com](http://www.dreschertanyag.com)

### **Drug Testing Solutions of Virginia**

*Drug & Alcohol Screening & Testing*  
Mr. Paul Mungo, President  
5802 E Virginia Beach Blvd. #122-160  
Norfolk, VA 23502  
(757) 469-3921 Fax: (866) 204-5732  
[www.drugtestingsolutionsofvirginia.com](http://www.drugtestingsolutionsofvirginia.com)

### **DSCI**

*Information Technology*  
Mr. Greg Page, VP Business Development  
56 Dashiell Dr.  
Smithfield, VA 23430  
(232) 856-1554  
[www.dsci.com](http://www.dsci.com)

### **Dynamic Plumbing and Gas**

*Plumbing & Heating Contractors*  
Ms. Catherine Brohan, Co-Owner  
Mr. Raymond Giambrone, Owner  
3037 Polk Dr.  
Va. Beach, VA 23456  
(757) 301-2785 Fax: (757) 301-2785

## **E**

### **Edible Arrangements**

*Gift Baskets & Parcels*  
Mr. Anthony Rivera, Owner  
4540 Princess Anne Rd. #103  
Va. Beach, VA 23462  
(757) 495-0655 Fax: (757) 495-0654

### **Elizabeth River Crossings**

*Construction-Road Builders*  
Mr. Geoff Segal, SVP-Governmental Affairs  
125 W. 55th St.  
New York, NY 10019  
(212) 231-1000 Fax: (212) 231-1718  
[www.erc-info.com](http://www.erc-info.com)

### **Expense Reduction Analysts**

*Financial Consultants, Planning & Services*  
Mr. Gary Williams, CEO/Managing Director  
9105 Whispering Dr.  
Toano, VA 23168  
(757) 741-2164 Fax: (757) 741-2171  
[www.expensereduction.com](http://www.expensereduction.com)

## **F**

### **Fairfield Self Storage**

*Storage*  
Ms. Tammy Moore, Property Manager  
752 Lord Dunmore Dr.  
Va. Beach, VA 23464  
(757) 474-1600 Fax: (757) 313-8484

### **Farmers Insurance**

*Insurance*  
Ms. Debbie Suddeth, Insurance Agent  
2006 Old Greenbrier Rd. #1-F  
Chesapeake, VA 23320  
(757) 420-6010 Fax: (757) 420-6014  
[www.farmersagent.com/dsuddeth](http://www.farmersagent.com/dsuddeth)

### **Firestone Complete Auto Care**

*Auto Repairs & Service*  
Mr. Ken Brown, Store Manager  
133 Hillcrest Pkwy.  
Chesapeake, VA 23322  
(757) 432-1480 Fax: (757) 432-1484  
[www.FirestoneCompleteAutoCare.com](http://www.FirestoneCompleteAutoCare.com)

### **Firestone Complete Auto Care**

*Auto Repairs & Service*  
Mr. Bill Cumo, Store Manager  
1531 General Booth Blvd.  
Va. Beach, VA  
(757) 422-0394  
[www.bfrc.com](http://www.bfrc.com)

### **Fitness Together - Virginia Beach - Great Neck**

*Personal Trainers*  
Mr. Frank Rosalie, Owner  
1408 N Great Neck Rd #104  
Va. Beach, VA 23454  
(757) 412-0700 Fax: (757) 412-1411  
[www.ftwilliamsburg.com](http://www.ftwilliamsburg.com)

### **Four Seasons Nursery & Spraying Service**

*Nurseries*  
Wayne Reeves, President & Owner  
Paulcipe Hundley, General Manager  
961 S. Military Hwy.  
Va. Beach, VA 23464  
(757) 420-4182 Fax: (757) 420-4820  
[fourseasonsnursery.biz](http://fourseasonsnursery.biz)

### **Franciscus Homes, Inc.**

*Custom Home Builders*  
Mr. Russell Clark, Sales & Marketing Director  
Mr. Eric Anderson, V.P. Construction  
Ms. Kathy Martin, Site Coordinator  
Ms. Katie Wilson  
616 Village Dr. #G  
Va. Beach, VA 23454  
(757) 425-8391 Fax: (757) 491-6814  
[www.franciscushomes.com](http://www.franciscushomes.com)

### **Freedom Personal Development**

*Consultants-Education*  
Mr. Matthew J. Ridjaneck, Speaker  
1002 Glynn Springs Dr.  
Williamsburg, VA 23188  
(757) 941-8261 Fax: (608) 268-2607  
[www.delverfreedom.com](http://www.delverfreedom.com)

## G

### **G & C Coverworks, Inc.**

*Interior Designers*  
Ms. Michaelle Guess  
1624 Laskin Road, Suite 756  
Va. Beach, VA 23451  
(757) 422-0617 Fax: (757) 422-2002  
www.coverworks.com

### **G.L. Kirk Builders**

*Contractor-General*  
Mr. Gary Kirk, Owner  
721 Shadowood Ln.  
Chesapeake, VA 23322  
(757) 482-7824  
glkirkbuildinginc.com

### **GDC Embroidery**

*Embroidery/Monogramming*  
Ms. Marti H. Bede, President  
4669 South Blvd.  
Va. Beach, VA 23452-1002  
(757) 518-0219 Fax: (757) 518-8462  
www.gdcemb.com

### **The George Washington University Hampton Roads Center**

*Colleges & Universities*  
Ms. Tammy Miller, Senior Education Specialist  
Ms. Diane Fogel, Senior Education Specialist  
(757) 269-2209 Fax: (757) 269-4992  
1 Old Oyster Pt. Rd. #200  
Newport News, VA 23602-7120  
(757) 269-4949 Fax: (757) 269-4992  
www.near-you.gwu.edu

### **GoKidGo Shuttle, LLC**

*Transportation*  
Ms. Jeanne Rousch, President  
900 Commonwealth Pl. #200-311  
Va. Beach, VA 23464  
(757) 228-5378 Fax: (800) 359-9980  
www.gokidgoshuttle.com

### **Gontarek Eye Care, Optometrists, LLC**

*Optometrists*  
Ms. Lisa V. Gontarek, President  
501 N Battlefield Blvd. #B  
Chesapeake, VA 23320  
(757) 966-2206 Fax: (757) 966-2743

### **The Granby Theater**

*Night Clubs*  
Mark Conway, Manager  
421 Granby St.  
Norfolk, VA 23510  
(757) 961-7208 Fax: (757) 622-8288  
www.granbytheater.com

### **Grand Furniture**

*Retailers*  
Ms. Aneta Kuzma  
Mr. Craig Stein, Owner  
1301 Baker Rd.  
Va. Beach, VA 23455  
(757) 457-0006  
www.grandfurniture.com

### **Great Bridge/Hickory Family YMCA**

*Health & Fitness*  
Ms. Tammy Sisson,  
Membership/Marketing Director  
633 S Battlefield Blvd.  
Chesapeake, VA 23322  
(757) 546-9622 Fax: (757) 546-0111  
www.ymcashr.org

### **Greenbrier Country Club, Inc.**

*Private Clubs*  
Ms. Jennifer Coradi, Private Events Director  
Brooks Harger, Service Director  
1301 Volvo Pkwy.  
Chesapeake, VA 23320-9420  
(757) 547-7375 Ext:111 Fax: (757) 547-8011  
www.greenbrierclub.com

### **Guernsey Office Products**

*Office Products & Supplies*  
Mr. Jeff Kidd, Account Executive  
5257 Cleveland St. #103  
Va. Beach, VA 23462  
(757) 234-9245 Fax: (757) 499-8445  
www.guernsey.com

### **Guidance Law Firm, P.C.**

*Attorneys*  
Mr. Lamont Maddox, Esq. , President  
PO Box 3098  
Norfolk, VA 23514-3098  
(757) 454-2045 Fax: (757) 204-2017  
www.guidancelaw.com

### **The Gym Downtown**

*Health Clubs*  
Mark Conway, Manager  
421 Granby St.  
Norfolk, VA 23510-2522  
(757) 321-4963 Fax: (757) 622-8288  
www.grandbytheater.com

## H

### **Hamilton's Realty**

*Real Estate*  
Mr. Chris Hamilton, Owner/President  
138 S. Rosemont Rd. #200  
Va. Beach, VA 23452  
(757) 573-3367 Fax: (757) 321-7011  
www.hamiltonrealty.com

### **Hampton Roads Financial LLC/RJFS**

*Financial Consultants, Planning & Services*  
Mr. Joshua West  
5859 Harbor View Blvd. #201  
Suffolk, VA 23435  
(757) 606-3115

### **Hampton Roads Maintenance Group, LLC**

*Cleaning Services*  
Ms. Beverly Brooks-Jones,  
Owner/Manager  
P.O. Box 61154  
Va. Beach, VA 23466  
(757) 321-4555 Fax: (757) 321-4555

### **Hampton University College of Virginia Beach**

*Colleges & Universities*  
Dr. John Waddell, Director  
253 Town Center Dr. # 1035  
Va. Beach, VA 23462  
(757) 637-2200 Fax: (757) 227-5979  
www.hamptonu.edu/cofvb

### **Harris Global Enterprises LLC**

*Telecommunications*  
Ms. Bridgett Harris, CEO/Owner  
5 N Lake Loop  
Hampton, VA 23666  
(757) 504-0194 Fax: (888) 893-0513  
www.harrisglobalenterprisesllc.com

### **Healing Time Inc**

*Restaurants*  
Dr. Toney D. Saunders, CEO  
3235 Bridge Rd. #8  
Suffolk, VA 23435  
(757) 483-1944 Fax: (757) 432-9502  
www.healingtimecafe.com

### **Bed & Breakfast @ Historic Page House Inn**

*Bed & Breakfast Accommodations*  
Debra Wilborn, Innkeeper/Proprietor  
323 Fairfax Ave.  
Norfolk, VA 23507-2215  
(757) 625-5033 Fax: (757) 623-9451  
[www.pagehouseinn.com](http://www.pagehouseinn.com)

### **The Home Depot**

*Home Improvements*  
Ms. Cami Beckerdite, District Manager  
157 Hillcrest Pkwy.  
Chesapeake, VA 23322  
(757) 421-3167  
www.homedepot.com

### **Home Helpers/Direct Link**

*Home Health Care Services*  
Ms. Sharon Jones, Owner  
638 Independence Parkway #150  
Chesapeake, VA 23320  
(757) 735-1398  
www.homehelpers.cc/suffolk58455

**Home Technology by Master's**

*Security Systems*  
Mr. Jeff Assaid, President  
116 Bruton Ct. #101  
Chesapeake, VA 23322  
(757) 482-8075 Fax: (757) 482-8076

**Hourigan Construction Corp.**

*Contractor-General*  
Mr. Mark J. Hourigan, President  
Mr. Thomas Hogg, VP Business Development  
4429 Bonney Rd. #200  
Va. Beach, VA 23462  
(757) 499-3434 Fax: (757) 499-6696  
www.houriganconstruction.com

**Humana/Chenequa Avelino**

*Insurance*  
Ms. Chenequa Avelino, Sales Representative  
2 Easton St.#1001  
Hampton, VA 23669  
(757) 342-3048

**I**

**Identity Marketing & Promotional, LLC**

*Marketing*  
Ms. Karen C. Dunn, President  
Ms. Carrie Brown  
801 Butler St. #2  
Chesapeake, VA 23323  
(757) 966-2863 Fax: (757) 966-2113  
www.idmktgpromo.com

**Impressions in Print**

*Advertising Specialties*  
Ms. Debbie Higgins, President  
Ms. Sarah McBath, Creative Director  
Ms. Megan Tommasi, Marketing Manager  
753 Voyager Ct.  
Va. Beach, VA 23452  
(757) 497-0671 Fax: (757) 497-4181  
www.impressionsinprint.com

**Innovative Training Solutions**

*Training & Development*  
Ms. Becky Havranek, Sr. Program Manager  
1160A Pittsford-Victor Rd.,  
c/o Sutherland Global Services  
Pittsford, VA 14534  
(585) 298-8175 Fax: (585) 641-7544  
www.mytselearning.com

**Iron Mountain**

*Storage*  
Mr. Steve Krines, General manager  
Mrs. Kristen DelSordo, Sales Representative  
Ms. Beverly Mahoney, Account Manager  
(757) 513-0623  
4555 Progress Rd.  
Norfolk, VA 23502-1910  
(757) 855-0300 Fax: (757) 853-2614  
www.ironmountain.com

**Issues & Answers Network Inc.**

*Market Research Analysis*  
Mr. Nilesh Patel, Account Executive  
Ms. Christine Johnson  
5151 Bonney Rd.  
Va. Beach, VA 23462-1514  
(757) 456-1100 Fax: (757) 456-0377  
www.issans.com

**J**

**J.Crew MacArthur Center**

*Retailers*  
Ms. Ashley Smith, Event Coordination Support  
Connie Hardastray, Market Director  
300 Monticello Ave.  
Norfolk, VA 23510  
(757) 622-5880 Fax: (757) 622-5061  
www.jcrew.com

**Jensen Apparel Company**

*Screen Printers/Embroidery*  
Mr. Kerry Schimelfenig, Disabled Veteran  
Mr. Tommy Jensen, President  
2615 Elmhurst Ln.  
Portsmouth, VA 23701  
(757) 966-7608 Fax: (757) 966-7622  
www.jensenapparel.com

**Jessica Riehl Photography, Inc.**

*Photographers*  
Jessica C. Riehl, Owner  
1237 New Mill Dr.  
Chesapeake, VA 23322  
(757) 286-3283  
www.jessicariehl.com

**JKM Associates, Inc.**

*Consultants-Business*  
Mr. Michael Kitchen  
4408 Monument Castle Rd.  
Va. Beach, VA 23455  
(757) 606-0887

**Jockey-Person to Person**

*Clothiers*  
Ms. Janet Balestino, Account Executive  
1238 Pacels Wy.  
Chesapeake, VA 23320  
(757) 418-0092  
www.procheminc.com

**John White - State Farm**

*Insurance*  
Mr. John White, Jr., Insurance Agent  
1776 Princess Anne Rd. #6  
Va. Beach, VA 23456  
(757) 426-2886 Fax: (757) 426-5568  
www.virginiabeachinsurance.net

**ChooseJeremy.com / Long & Foster Realtors**

*Realtors*  
Mr. Jeremy C. Johnson, Realtor  
3181 Shore Dr.  
Va. Beach, VA 23451  
(757) 486-0153 Fax: (757) 282-2627  
www.hamptonroadsrelo.com

**Journey Church**

*Churches*  
Mr. Bobby Canipe, Pastor  
700 Johnstown Rd  
Chesapeake, VA 23322  
(757) 515-4645  
www.MyJourneyChurch.cc

**K**

**Kaplan College - Chesapeake Campus**

*Colleges & Universities*  
Mr. Theatis Anderson, Jr., President  
1987 S. Military Hwy.  
Chesapeake, VA 23320  
(757) 494-6826 Fax: (757) 543-2266  
www.khec.com

**Kayak Nature Tours**

*Tours*  
Mr. Randy Gore, President  
110 W. Randall Ave.  
Norfolk, VA 23502  
(757) 480-1999  
www.kayaknaturetours.net

**Kelly Services, Inc.**

*Employment Contractors-Temporary Help*  
Ms. Molly Tanner  
(757) 879-3635  
965 Denison Ave. #102  
Norfolk, VA 23513  
(757) 858-0023 Fax: (757) 858-0716  
www.kellyservices.com

### **Keystone Tax Associates LLC**

*Consultants-Taxes*  
Mr. K. Bryan Bass, Virginia Director  
103 Watson Rd.  
Chesapeake, VA 23320  
(757) 390-6394

### **Korving & Company, LLC**

*Investment Advisors*  
Mr. Arie J. Korving, Chairman  
1510 Breezeport Wy. #800  
Suffolk, VA 23435  
(757) 638-5490 Fax: (757) 638-5496

### **Kris Weaver Real Estate Team**

*Real Estate*  
Mr. Kris Weaver, Owner  
Ms. Suzanne Weaver  
2901 S. Lynnhaven Pkwy. #330  
Va. Beach, VA 23452  
(757) 340-5555 Fax: (757) 299-4922  
www.krisweaver.com

## **L**

### **Largo Financial**

*Financial Consultants, Planning & Services*  
Ms. Janine Marshall, Financial Planner  
142 West York St. #612  
Norfolk, VA 23510  
(757) 967-7283 Fax: (866) 867-2410

### **Laser Quest**

*Entertainment*  
Mr. Rick Smith, General Manager  
2682 Dean Dr. #A  
Va. Beach, VA 23452-7405  
(757) 463-6300 Fax: (757) 463-7721  
[www.laserquest.com](http://www.laserquest.com)

### **The Learning Tree**

*Tutoring*  
Mr. John R. Vandervoort, Owner  
1484 Kempsville Rd. #D  
Chesapeake, VA 23320  
(757) 905-8733 Fax: (888) 713-9872  
www.thelearningtree123.com

### **LearningRx**

*Educational Services*  
William McLean  
Mrs. Annette McLean, Director  
633 C Independence Blvd.  
Va. Beach, VA 23462-2200  
(757) 226-0816 Fax: (757) 226-0816  
www.learningrx.com/virginia-beach-west

### **Liberty Tax Service**

*Tax Return Preparation*  
Ms. Natalie Peterson, Owner  
1144 Ocean Pebbles Wy.  
Va. Beach, VA 23451  
(757) 340-5595 Fax: (757) 340-5596

### **Liberty Tax Service**

*Tax Return Preparation*  
Ms. Audrey McIntyre, Owner  
720 Church St. #2B  
Norfolk, VA 23510-2922  
(757) 892-9115 Fax: (757) 333-7273

### **Life, Inc.**

*Organizations*  
Mr. Edward Snyder  
600 Happy Acers Rd.  
Chesapeake, VA 23323  
(757) 754-8100 Fax: (757) 487-2225  
www.lifeinfofocusgroup.com

### **Local Marketing Expo dba LMX**

*Event Production & Promotion*  
Conference Coordinator  
2697 International Pkwy. #201, Parkway O  
Va. Beach, VA 23452  
(757) 510-0065 Fax: (757) 299-8268  
[www.localmarketingexpo.com](http://www.localmarketingexpo.com)

### **The Look Salon & Day Spa**

*Hair Care*  
Ms. Christi Chambers, President  
Leeanna Wexler, HR Manager  
1433 Sam's Dr.  
Chesapeake, VA 23320  
(757) 548-6550 Fax: (757) 548-6693  
thelooksalonchesapeake.com

### **LTC Financial Partners**

*Insurance*  
Ms. Linda Sotirion, Long Term Care Specialist  
Ms. Mindy Hamilton, Assistant  
281 Independence Blvd. #412  
Va. Beach, VA 2346-2  
(757) 646-6820  
www.lindaltc.com

## **M**

### **M.H. West & Co.**

*Management Consultants*  
Ms. Marilyn H. West, CEO  
Mr. Michael Byrnes, Senior Health Care Officer  
700 E Main St. #904  
Richmond, VA 23219-2602  
(804) 782-1938 Fax: (804) 782-9771  
www.mhwest.com

### **MacArthur Pharmacy**

*Pharmacies*  
Christopher P. Lawrence, Vice President/Treasurer  
261 Granby St.  
Norfolk, VA 23510  
(757) 533-6566 Fax: (757) 533-6569  
www.goodneighborpharmacy.com/macarthurpharmacy

### **Mandel Tour & Travel, LLC**

*Tours-Sightseeing*  
Mr. Dean M. Robinson, Sr., Owner  
P.O. Box 82  
Newport News, VA 23607  
(757) 503-0791

### **Mansfield Enterprises Inc.**

*Retailers*  
Mr. Michael F. Mansfield, President  
1320 Boxwood Dr.  
Chesapeake, VA 23323  
(757) 777-8363  
www.suelmizerstore.com

### **Max & Erma's Restaurant**

*Restaurants*  
Ms. Gina Boyd, Marketing  
4512 Va. Beach Blvd.  
Va. Beach, VA 23462-3004  
(757) 493-8088 Fax: (757) 493-0848  
www.maxandermas.com

### **Melaleuka**

*Marketing*  
Mr. Herb Vargas, Independent Marketing Executive  
1025 College Park Blvd. #217  
Va. Beach, VA 23462  
(757) 470-5752  
www.melaleuca.com

### **Members Trust Credit Union**

*Credit Unions*  
Lean Davis, President/CEO  
Mr. Michael Guida, President / CEO  
5648 Southern Blvd.  
Va. Beach, VA 23462  
(757) 671-8800 Fax: (757) 671-8890  
www.memberstrustcu.org

### **Merge Marketing Group**

*Marketing*  
Mr. Shawn D. Wilkerson, President  
Mr. Demond Shepard, Vice-President, Operations and Business Development  
7433 Hampton Blvd.  
Norfolk, VA 23505  
(757) 309-6996 Fax: (757) 502-4222  
www.mergemarketinggroup.com

### **Merrill Lynch/Fred Hughes**

*Financial Consultants, Planning & Services*  
Mr. Fred Hughes, Assistant Vice-President  
999 Waterside Dr. #1100  
Norfolk, VA 23510  
(757) 446-4003 Fax: (757) 512-5186  
[http://fa.ml.com/fred\\_hughes](http://fa.ml.com/fred_hughes)

### **Michael & Son Services**

*Plumbing & Heating Contractors*  
Mr. Mike Kiser, Norfolk Manager  
5682 Mooretown Rd.  
Williamsburg, VA 23188  
(703) 929-5928 Fax: (703) 914-1793  
www.MichaelandSon.com

### **Mid Atlantic Benifit Solutions**

*Employee Benefits*  
Ms. Michelle Sunderland, Employee  
Member Benefits Specialist  
1055 Laskin Rd.  
Va. Beach, VA 23451  
(757) 422-5002 Fax: (757) 422-5125

### **The Mid-Atlantic Coca-Cola Bottling Co., Inc.**

*Beverages*  
Ms. Kathy Hainey, Sales Center Director  
Mr. Charlie Raymond, Sales Center  
Manager, Norfolk Virginia Coca Cola  
2000 Monticello Ave.  
Norfolk, VA 23517-2341  
(757) 446-3005 Fax: (757) 446-3090  
www2.coca-cola.com

### **Mitch Global Financial**

*Tax Return Preparation*  
Ms. Angela Ewing-Mitchell, Owner  
818 E Little Creek Rd. #A  
Norfolk, VA 23518  
(757) 233-9913 Fax: (757) 233-6607  
www.mggtax.com

### **Miwa Design and Graphics**

*Graphic Designers*  
Ms. Kennesha Walker, Owner  
PO Box 12042  
Norfolk, VA 23451  
(757) 277-3625  
miwadesignandgraphics.com

### **Modern Woodmen of America**

*Financial Consultants, Planning & Services*  
Mr. Will Sokolowski, Financial  
Representative  
728 Carriage Hill Rd.  
Va. Beach, VA 23452  
(757) 355-0499  
www.modern-woodmen.org

### **Monster Clean**

*Carpet & Rug Cleaners*  
*Carpet & Upholstery Cleaners*  
Mr. James M. Stallings, Owner  
5428 Whitehurst Arch  
Va. Beach, VA 23464-5337  
(757) 523-1175 Fax: (757) 416-5522  
www.monsterclean.net

### **Barbara Moulton - Morgan Stanley Smith Barney**

*Financial Consultants, Planning & Services*  
Barbara Moulton  
222 Central Park Ave. #1800  
Va. Beach, VA 23462  
(757) 493-2126 Fax: (866) 766-4930

## **N**

### **NCP Community Development Federal Credit Union**

*Credit Unions*  
Gilbert T. Bland, Chairman of the Board of  
Directors  
530 S Main St.  
Norfolk, VA 23523  
(757) 543-2400 Fax: (757) 543-2600  
www.ncpcdfcu.com

### **Neighbor to Family - Hampton Roads**

*Family Counseling*  
Mr. Clark N. Earl, Executive Director  
1300 Diamond Springs Rd.  
Norfolk, VA  
(757) 213-1580 Ext:105 Fax: (757) 213-  
1599  
www.ntf.org

### **Nestle Waters North America**

*Water-Bottled & Bulk*  
Ms. Rita Scott, Sales Representative  
925 Cavalier Blvd.  
Chesapeake, VA 23323  
(757) 582-8022

### **Noah Enterprises, Inc.**

*Construction*  
Ms. Carol R. Curtis, President  
Melanie Boyd, Consultant  
Stacie Empie, Marketing/Business  
Development  
1112 Jensen Dr. #211  
Va. Beach, VA 23451  
(757) 437-2300 Fax: (757) 437-5151  
www.noahent.com

### **North Star First Response**

*First Aid Instruction & Consulting*  
Mr. Robb Minter, CFO  
809 Greenbrier Pkwy. #208  
Chesapeake, VA 23320  
(757) 410-7518 Fax: (757) 547-3517  
www.northstar1st.com

### **Nuvia Rivera & Associates**

*Realtors*  
Ms. Nuvia Rivera, Realtor  
2576 Nestlebrook Tr.  
Va. Beach, VA 23456  
(757) 652-6655 Fax: (757) 282-6728  
www.teamrivera.info

## **O**

### **On The Go Concierge**

*Personal Assistants*  
Ms. Lori Clinton, Owner  
228 Old Oaks Ter.  
Chesapeake, VA 23322  
(757) 819-7767  
www.youonthegoconcierge.com

### **Outback- Kempsville (Fordham)**

*Restaurants*  
Mr. Brian Mills, Managing Partner  
1255 Fordham Dr.  
Va. Beach, VA 23464-5347  
(757) 523-4832 Fax: (757) 424-8614  
www.outbacksteakhouse.com

## **P**

### **Panera Bread**

*Restaurants*  
Ms. Nicki Tickle  
Ms. Cori Lintner  
300 Constitution Dr.  
Va. Beach, VA 23462  
(757) 499-1227 Fax: (757) 499-5530  
www.panerabread.com

### **Papa Murphy's**

*Restaurants*  
Mr. Jason C. Moore, Head of Operations  
Mrs. Sheryl Bowman, Head of Marketing  
523 Rhode Island Ave.  
Norfolk, VA 23508  
(757) 512-6016 Fax: (757) 383-8740  
www.papmurphys.com

### **Patrice & Associates/John Bruynell**

*Consultants-Human Resources*  
Mr. John Bruyneel, Owner  
408 Seeman Rd.  
Va. Beach, VA 23452  
www.patriceandassociates.com

### **Pet Care Veterinary Hospital**

*Veterinarians*  
Dr Colleen Fox, Veterinarian  
Ms. Jessica Molina  
Ms. Jill Partlow, DVM  
5201 Va. Beach Blvd.  
Va. Beach, VA 23462  
(757) 473-0111 Fax: (757) 499-6166  
www.petcarevb.com

**PetsHotel/PetSmart**

*Pet Supplies & Services*  
Ms. Candance Powell, Manager  
501 Hilltop Plaza  
Va. Beach, VA 23454  
(757) 425-0286 Fax: (757) 428-0759  
www.petsmart.com

**Pilot Freight Services**

*Air Cargo Services*  
*Shipping Services*  
Mr. Kevin Cunningham, Partner  
Ms. Shelly Pfeiffer  
2550 Ellsmere Ave. #D  
Norfolk, VA 23513-2413  
(757) 855-9414 Fax: (757) 855-9415  
www.pilotdelivers.com

**Pizza Hut**

*Restaurants*  
Ms. Brandi Deguzman, Field Marketing  
Manager  
2006 Old Greenbrier Rd.  
Chesapeake, VA 23320  
(757) 248-2284 Fax: (757) 248-2292

**Plaza Azteca Mexican  
Restaurant**

*Restaurants*  
Ms. Linda Montoya, General Manager  
5209 Providence Rd.  
Va. Beach, VA 23455  
(757) 477-9192 Fax: (757) 460-6037  
www.plazaazteca.com

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*Gift Baskets & Parcels*  
Ruby Weber, Owner  
Kim Gardner, Manager  
195 Rosemont Rd. #113  
Va. Beach, VA 23452  
(757) 498-4707 Fax: (757) 498-0390  
www.pleaseandthankyou.com

**PNC Financial Consulting &  
Associates**

*Financial Consultants, Planning & Services*  
Mr. Paul N. Cappello, Owner  
2701 Pleasant Acres Dr.  
Va. Beach, VA 23453  
(757) 426-8417

**PNTB Solutions Inc.**

*Software Development*  
Ms. Janette R. Wilson, President/Owner  
5737 Hendrix Dr.  
Va. Beach, VA 23464  
(757) 479-0915 Fax: (757) 479-0915  
www.pntbsolutions.com

**Pollard's Chicken at Woods  
Corner**

*Restaurants*  
Ms. Stacey Maslyn, Vice President  
Mr. Tim Travitz  
1924 Centerville Trnprk  
Va. Beach, VA 23469  
(757) 333-3313 Fax: (757) 965-8955  
www.pollardschicken.com

**Pond Security Service, LLC**

*Security Services*  
Ms. Noreen Edwards  
Mr. Rick Holland, Director of Operations  
Rick Holland, Director of Operations  
1300 Diamond Springs Rd. #106  
Va. Beach, VA 23455-3645  
(757) 480-0588 Fax: (757) 480-0224  
www.pond-security-llc.com

**City of Portsmouth**

*Public Office*  
Hon. Kenny Wright , Mayor  
Mr. Kenneth Chandler, City Manager  
Mr. Edward Hargis, Police Chief  
(757) 393-8641 Fax: (757) 393-5241  
Hon. Stephen E. Heretick, Councilman  
(757) 393-8257 Fax: (757) 393-5255  
Mr. Paul Holt, Deputy City Manager  
(757) 393-8639 Fax: (757) 393-5378  
Ms. Regina Humphrey, Administrative  
Coordinator  
Ms. Maria Kattman, City Assessor  
(757) 393-8481 Fax: (757) 393-5330  
Hon. William E. Moody, Jr. , Vice Mayor  
(757) 393-8631 Fax: (757) 393-5230  
Mr. G. Timothy Oksman, City Attorney  
(757) 393-8639 Fax: (757) 393-5378  
Hon. Marlene Randall, Councilwoman  
(757) 393-8731 Fax: (757) 393-5241  
Ms. Dennice Southall  
(757) 393-8639  
Mr. William Watson, Sheriff  
Ms. Debra Y. White, City Clerk  
Hon. Charles B. Whitehurst, Sr. ,  
Councilman  
(757) 393-8639  
Hon. James L. Williams, City Treasurer  
Ms. Dana Woodson, Public Information  
Officer  
(757) 393-8651 Fax: (757) 393-5230  
801 Crawford St.  
Portsmouth, VA 23704  
(757) 393-8746 Fax: (757) 393-5378  
Ms. Estella Denson  
1701 High St., Suite 101  
Portsmouth, VA 23704  
Mr. Franklin D. Edmondson, Commissioner  
of the Revenue  
(757) 405-1800 Ext:8241 Fax: (757) 465-  
2951  
PO Box 820  
Portsmouth, VA 23705  
Chief Don Horton, Fire Chief  
(757) 446-6967 Fax: (757) 446-6928  
309 County St. #100  
Portsmouth, VA 23704  
Hon. Earle C. Mobley, Commonwealth's  
Attorney  
(757) 393-8765 Fax: (757) 393-5161  
430 Crawford St. #300  
Portsmouth, VA 23704

Hon. Elizabeth M. Psimas, Councilwoman  
(757) 393-8581 Fax: (757) 393-5011  
119 High St.  
Portsmouth, VA 23704  
(757) 393-0111 Fax: (757) 393-5378  
www.portsmouthva.gov

**Precision Spinal Care**

*Chiropractors*  
Dr. David Packer, Owner  
Dr. Allen Harrison, Senior Associate  
1305 Executive Blvd. #170  
Chesapeake, VA 23320  
(757) 383-5555 Fax: (757) 382-5556  
nuccaspinalcare.com

**Prepaid Legal Services -  
Starlet Turns**

*Legal Services*  
Ms. Starlet Turns, Director  
1708 Cypress St.  
Norfolk, VA 23523  
(757) 752-2494  
www.prepaidlegal.com/hub/starletturns

**PrimeLending, A  
PlainsCapital Company**

*Mortgages/Loans*  
Mr. Roger Garrett, Area Manager  
Ms. Jennifer Nowski, Operations Manager  
780 Lynnhaven Pkwy. #420  
Va. Beach, VA 23452  
(757) 368-6770 Fax: (877) 215-3182  
virginiabeach.primelending.com

**PRIMERICA Financial  
Services**

*Insurance*  
Mrs. Laura Beyer, Senior Representative  
(484) 678-8671  
156 Dupont Cir. #2  
Norfolk, VA 23509  
(757) 490-2989 Fax: (757) 499-6439

**ProfitWise, LLC**

*Business Services*  
*Consultants*  
Mr. Robert W. Atkinson, Jr. , Owner  
5313 Macchonanchy  
Va. Beach, VA 23464-8114  
(757) 338-0781  
www.GiveFreeGas.com

**Q**

**Qdoba Mexican Grill**

*Restaurants*  
Ms. Chris Kelly, Owner  
Mr. Colin Kelly, Chief Operating Officer  
1373 Air Rail Ave., Business Office  
Va. Beach, VA 23455  
(757) 228-7300  
www.qdoba.com

## R

### **RCI Electrical Contracting Corp.**

*Electrical Contractors*  
Harjap Singh, President  
334 Rip Rap Rd.  
Hampton, VA 23669  
(757) 722-3110 Fax: (919) 827-0145  
www.rcielectricalcorp.com

### **Restaurant Depot**

*Wholesalers/Distributors*  
Mr. Paul Jensen, Manager  
Mr. Jim Kohler, Director of Marketing  
5112 Virginia Beach Blvd.  
Va. Beach, VA 23462  
(757) 552-9990 Fax: (757) 552-9997  
www.restaurantdepot.com

### **Ribbon Gifts & Incentives**

*Gifts*  
Ms. Julia Jackson, Gift & Incentive  
Consultant  
100 Palm Beach Pl. #1  
Va. Beach, VA 23452  
(757) 502-5662  
www.amway.com/JuliaJackson

### **Richmond International Raceway**

*Entertainment*  
Ryan Ross  
600 E. Laburnum Ave.  
Richmond, VA 23222  
(804) 228-7571 Ext:4118 Fax: (804) 329-5029  
www.rir.com

### **Rocket Startups**

*Attorneys*  
Mr. R. Joel Ankney, Small Business  
Attorney  
Mrs. Jennifer Ankney, Practice  
Administrator  
192 Ballard Ct. #310  
Va. Beach, VA 23462-3613  
(757) 216-4578 Fax: (877) 446-4298  
www.rocketstartups.biz

### **Romulus, LLC**

*Engineering & Technical Services*  
Mr. Edward B. Morgan, President  
Al Gibson, Senior Engineer  
4491 Paddock Ln.  
Va. Beach, VA 23464-3312  
(757) 495-1970 Fax: (757) 495-6106  
www.romulusllc.com

### **Roses Department Store**

*Department Stores*  
Ms. Norine Moshier, Store Manager  
Ms Vivian Adcock, HR  
3100 Airline Blvd.  
Portsmouth, VA 23701  
(757) 465-1060

### **The Royal Chocolate**

*Gifts*  
Ms. Terry Restin, Owner  
Ms. Brenda Tusing  
164 Central Park Ave  
Va. Beach, VA 23462-3009  
(757) 557-6925 Fax: (757) 557-6926  
www.theroyalchocolate.com

## S

### **Saunders Painting Co., Inc.**

*Paint & Wallpaper Contractors*  
Ms. Barbara Saunders, President  
9608 4th View St.  
Norfolk, VA 23503-1402  
(757) 480-2402 Fax: (757) 480-4167  
www.saunderspainting.com

### **Sea Shore Realty, Inc.**

*Real Estate*  
Ms. Tracy Boswell, Broker  
1777 London Bridge Rd. #100  
Va. Beach, VA 23453  
(757) 301-8550 Fax: (757) 301-8552  
www.SeaShoreRealtyInc.com

### **Sears Garage Solutions**

*Home Improvements*  
Mrs. Carol Konze, Co-Owner  
2476 Nimmo Pkwy. #115 - Box 161  
Va. Beach, VA 23456  
(757) 721-2524 Fax: (757) 721-2524  
www.SearsGarageDoors.com

### **ServiceMaster of the Southside**

*Fire & Water Damage Contractors*  
Ms. Kristen Crank, Director of Business  
Development  
Ms. Christina Nemcik, Business  
Development  
911 Live Oak Dr. #105  
Chesapeake, VA 23320  
(757) 382-9516 Fax: (757) 382-0593  
www.servmas.com

### **Seventh Point Advertising, Marketing & Public Relations**

*Marketing*  
Mr. Chris Calcagno  
Mr Mike Carosi, Vice President of  
Operations  
Mr. Chris Ciardi, Vice President of Creative  
Operations  
Mr. Kevin Hughes  
Ms. Jackie Morgan, Account Executive  
4752 Euclid Rd.  
Va. Beach, VA 23462  
(757) 473-8152 Fax: (757) 473-9825  
www.seventhpoint.com

### **Shine Services**

*Window Cleaning*  
Mr. Ben Clay, President  
130 Brewer Ave.  
Suffolk, VA 23434  
(757) 426-1984  
www.reconpb.com

### **Sitters / Companion Adult Care Group**

*Assisted Living Facilities*  
Ms. Barbara Bynum, Owner  
3301 Tyre Neck Rd. #162  
Portsmouth, VA 23703  
(757) 724-0688 Fax: (757) 967-9089

### **Sleep Inn**

*Hotels/Motels*  
Ms. Tara Murphy, General Manager  
3280 Western Branch Blvd.  
Chesapeake, VA 23321-5261  
(757) 638-5000 Fax: (757) 638-5007  
www.choicehotels.com

### **Sonalysts, Inc.**

*Engineering & Technical Services*  
Mr. William F. Barns  
(757) 490-3927  
5101 Cleveland St. #301  
Va. Beach, VA 23462  
(757) 490-3928 Fax: (757) 490-3245  
www.sonalysts.com

### **South University**

*Colleges & Universities*  
Mr. Seth Saunders, President  
Mr. Richard Kriofsky, Sr. Director of  
Admissions  
301 Bendix Rd. #100  
Va. Beach, VA 23452  
(757) 493-6900 Fax: (757) 493-6990  
www.southuniversity.edu

### **Southeastern Insurance Services, Inc.**

*Insurance*  
Mr. David Comey, President  
111 Mill Creek Pkwy. #201  
Chesapeake, VA 23323  
(757) 673-3169 Fax: (757) 673-3269  
www.sisvirginia.com

### **Southeastern Professional Cleaning Svc.**

*Cleaners*  
Ms. Sheran Taylor-Jones, Owner  
1411 Hibie St.  
Norfolk, VA 23523  
(757) 282-9263 Fax: (757) 494-0553  
http://www.seprocleaning.com

### Spa on the Boulevard

*Spas*  
Mrs. Jennifer Wilson, Owner  
3101 Va. Beach Blvd. #108  
Va. Beach, VA 23452  
(757) 631-5990  
www.spaontheboulevard.com

### SPCA

*Animal Shelters  
Organizations*  
Mr. Jeff Roberts, CEO  
916 Ballentine Blvd.  
Norfolk, VA 23504  
(757) 622-3319 Fax: (757) 622-7163

### Spectrum Financial, Inc.

*Investment Advisors*  
Mr. Gregory W. French, ChFC, Vice  
President Marketing Services  
2041 Lynn Cove Ln.  
Va. Beach, VA 23454  
(757) 463-7600  
www.investspectrumf.com

### Spectrum Printing

*Printers*  
Mr. Dick Olenych, Owner  
4716 Va. Beach Blvd.  
Va. Beach, VA 23462  
(757) 473-9977 Fax: (757) 499-4081  
www.thehappyprinters.com

### SpeedPro Imaging

*Signs*  
Mr. Bradley Jones, Marketing Manager  
137 Dana Dr.  
Norfolk, VA 23434  
(757) 751-4422  
www.speedpro.com

### Speedy Cleaning Services, LLC

*Cleaning Services*  
Ms Rosetta F. Mosley, Manager  
PO Box 8542  
Va. Beach, VA 23450  
(757) 714-9460

### Suffolk Meals on Wheels

*Organizations*  
Ms. Roseland Lowe Worrell, Executive  
Director  
PO Box 1545  
Suffolk, VA 23439  
(757) 934-4911 Fax: (757) 934-4634  
www.mealsonwheels.us/suffolkva

### Sunday's Blue Box Tanning Resort

*Tanning Salons*  
Mr. Dennis Ligon, Owner/President  
4336 Holland Rd. #310  
Va. Beach, VA 23452  
(757) 340-4500  
www.sundaysbluebox.com

## T

### TAB-Norfolk-Newport News

*Business Development*  
Ms. Shelly Smith, President  
125 Sandpiper St.  
Newport News, VA 23602  
(757) 886-7481  
www.tabnorfolk-newportnews.com

### Takeout Taxi

*Restaurant Delivery*  
Denny Friend, CEO  
498 Euclid Rd. #A-1  
Va. Beach, VA 23462  
(757) 456-5678 Fax: (757) 457-8676  
www.takeouttaxivabeach.com

### Target Marketing Group

*Promotional Products*  
Ms. Cindy Hutchinson, CAS , Account  
Executive  
508 W. Plantation Rd.  
Va. Beach, VA 23454  
(757) 639-3059  
www.tmggroup.com

### A. Morton Thomas & Associates, Inc

*Engineering Consultants*  
Mr. H. L. Matthews, Jr., PE , Associate  
1530 Breezeport Way #300  
Suffolk, VA 23435  
(757) 484-3930 Fax: (757) 484-3931  
www.amtengineering.com

### Timeless Moments Photography

*Photographers*  
Ms. Elizabeth Zieger, Co-Owner  
Mr. Tell Asner, Owner/President  
423 South Lynnhaven Rd. #107  
Va. Beach, VA 23455  
(757) 351-2122  
www.timelessmoments-va.com

### Tivest Development & Construction, LLC

*Real Estate-Commercial/Residential*  
Mr. Dwight Etheridge, President  
Mr. Eric Coker, Chief Financial Officer  
Ms. Michelle Sanders Maner, Marketing  
P.O. Box 6988  
Chesapeake, VA 23323  
(757) 490-2073 Fax: (757) 366-5654  
www.tivesthomes.com

### Travel Babees

*Children's Equipment Rental*  
Ms. Calaina Schneider, Owner  
1944 E Oceanview Ave. #D  
Norfolk, VA 23503  
(757) 271-1543  
www.travelbabees.com

### TRUE Services, LLC

*Heating & Air Conditioning Contractors*  
Mr. A.J. Trueblood, Managing Member  
408 Susan Dr.  
Chesapeake, VA 23320  
(757) 717-8330 Fax: (757) 277-9849  
www.trueservicesllc.com

### True Woman, Inc.

*Clothing-Wholesale/Retail*  
Melissa Barry, Owner  
910 Atlantic Ave.  
Va. Beach, VA 23451  
(757) 422-0808

### Trust on Trial/Cecile Masse, PH.D

*Consultants-Business*  
Dr. Cecile Masse  
916A St. Andrews Reach  
Chesapeake, VA 23320  
(757) 842-6258  
www.trustontrial.com

## U

### Ultra Tan Studios, Inc.

*Tanning Salons*  
Mr Jeremy Engstrand, Manager  
4701 Shore Dr. #111  
Va. Beach, VA 23455  
(757) 464-2434  
www.ultratans-studios.com

### Ultra Tan Studios, Inc.

*Tanning Salons*  
Ms. Lysandra L. Engstrand, Manager  
737 First Colonial Rd. #208  
Va. Beach, VA 23451  
(757) 431-9100

### United Networks, LLC

*Website Design & Developers*  
Mr. Scott Carter, CEO  
PO Box 11024  
Norfolk, VA 23517  
(757) 333-0683 Fax: (866) 609-9843  
www.unitednetworksonline.com

### UPS

*Transportation*  
Ms. Brenda Hartmann, Sales Manager  
1390 Air Rail Blvd.  
Va. Beach, VA 23455  
(443) 829-8289  
www.ups.com

### Urban Renaissance

*Consultants-Strategic & Organizational*  
Mr. Frank Urban, President/Owner  
35 North St.  
Ohnancock, VA 23417  
(757) 710-1722  
theurbanrenaissance.com

## V

### **The Vernon Group, Inc.**

*Employment Agencies*  
Ms. Susie Vernon, CEO/Directing Officer  
121 Marina Reach  
Chesapeake, VA 23320  
(757) 925-9513 Fax: (336) 602-2039

### **Virginia Oncology Associates**

*Physicians-Oncology/Hematology*  
Ms. Jennifer Lee, Senior Information  
Systems Manager  
Ms. Jayme Riegler, Marketing Specialist  
5900 Lake Wright Dr. #300  
Norfolk, VA 23502-1866  
(757) 213-5680 Fax: (757) 213-5701  
[www.virginiacancer.com](http://www.virginiacancer.com)

### **The Virginia Beach Field House**

*Sports*  
Mr. John Wack, President  
Mr. Jed , Sherman , Manager  
Ms. Courtney Davis, Business Manager  
Mr. Alfredo Portela, General Manager  
2157 Landstown Rd.  
Va. Beach, VA 23456  
(757) 427-3955  
[www.beachfieldhouse.com](http://www.beachfieldhouse.com)

### **Visions of Truth Community Development Corporation**

*Organizations*  
Ms. Margaret DePena, Executive Director  
5910 W. Norfolk Rd.  
Portsmouth, VA 23703  
(757) 484-4149  
[www.votcdc.org](http://www.votcdc.org)

### **Voila! Events Made Simple**

*Event Planning*  
Ms. Vivian Anderson, Executive  
Director/Owner  
P.O. Box 6396  
Norfolk, VA 23508  
(757) 620-3564 Fax: (757) 623-4070  
[www.voilaeventsmadesimple.com](http://www.voilaeventsmadesimple.com)

## W

### **Watchcard Fleet Fueling Management**

*Fuels*  
Mr. Ned Braithwaite, Fleet Consultant  
5139 E. Virginia Beach Blvd.  
Norfolk, VA 23502-3418  
(757) 455-6554 Fax: (757) 455-5992  
[www.watchcard.com](http://www.watchcard.com)

### **The Water H2ole, Inc.**

*Water-Bottled & Bulk*  
Mr. Ike D. Nelson, Vice President  
1444 Southern Blvd. #C2-A  
Va. Beach, VA 23454  
(757) 422-9991 Fax: (757) 422-2364  
[www.thewaterh2ole.com](http://www.thewaterh2ole.com)

### **We Are Titans**

*Software Development*  
Mr. Brennan Dunn  
Mr. Zack Miller  
330 W 22nd St. #106  
Norfolk, VA 23517  
(757) 967-7829  
<http://www.wearetitans.net>

### **Wildlife Response, Inc.**

*Organizations*  
Ms. Lisa Barlow, President  
P.O.Box 2904  
Chesapeake, VA 23327-2904  
(757) 543-7000 Fax: (757) 366-4053  
[www.wildliferesponse.org](http://www.wildliferesponse.org)

### **The Wireless Experience**

*Cellular Phones*  
Mr. Manana Morris  
Mr. Julie Pugh, District Manager  
2720 North Mall Dr.  
Va. Beach, VA 23452  
(757) 692-1680 Fax: (757) 306-1394  
[www.thewirelessexperience.com](http://www.thewirelessexperience.com)

### **Wolf Creek Fabrication Services, Inc.**

*Metal Fabricators*  
Michael G. Anderson, President  
Mr. John Kenyan, Operations Manager  
550 Woodlake Dr., Ste. 200  
Chesapeake, VA 23320  
(757) 390-3393 Fax: (757) 390-2733  
[www.wolfcreekfab.com](http://www.wolfcreekfab.com)

### **WorkersChoiceUSA**

*Employee Benefits*  
Mr. David M. Kilby, President  
Ms. Rachel Hill, SPHR  
Ms. Pam Kavadias, Business Development  
Manager  
Mr. Gil McMillan, Business Development  
Manager  
5700 Cleveland St. #301  
Va. Beach, VA 23462  
(757) 493-0333  
[www.workerschoiceusa.com](http://www.workerschoiceusa.com)

### **The Wright Company**

*Real Estate*  
Mark Conway, Manager  
273 Granby St.  
Norfolk, VA 23510  
(757) 622-1360  
[www.thewrightsites.com](http://www.thewrightsites.com)

### **WTVZ-TV WB 33**

*Television Stations*  
Mr. Paul Rossi, General Manager  
Ms. Maria Collins, account executive  
Ms. Nicole Houston, account executive  
Ms. Pam Simpson, General Sales  
Manager  
900 Granby St.  
Norfolk, VA 23510-2521  
(757) 622-3333 Fax: (757) 627-4003  
[www.mytvz.com](http://www.mytvz.com)

## X

### **Xerox Corporation**

*Office Machines/Equipment*  
Judith Frazier, Sales and Solutions  
Executive  
905 Anna Joy Ct.  
Chesapeake, VA 23320  
(757) 288-7826

### **xTuple**

*Computer Systems Designers & Consultants*  
Mr. Edward L. Lilly, CEO  
Wally Tonra, VP Sales  
119 W. York St.  
Norfolk, VA 23510  
(757) 461-3022 Fax: (757) 461-3022  
[www.xtuple.com](http://www.xtuple.com)